



Nuclear Cardiology Department Located At:

3535 N. Webb Road, Wichita, KS 67226

Appointment date and time: _____

Cardiac PET scan with FDG Testing Instructions:

Please remember these preparations are necessary so we may obtain the best results for you. Not following these preparations could result in your appointment being rescheduled.

- **No food or drink 6 hours prior to appointment time (water only)**
- **Must have high protein with very low carb diet 24 hours prior**
- **No sugars**
- **No exercise 24 hours prior**
- **No caffeine, alcohol, or nicotine 12 hours prior.**
- **Bring a jacket (it can get cool in the department) and dress comfortably or in loose fitting attire. Please do not wear one-piece dresses.**
- **No family members will be allowed in the nuclear department while testing, family members must remain in the main waiting room.**

Cardiac PET scan with FGD will take approximately 3 hours. Make sure you can stay the entire time. If you require transportation and/or oxygen use, please arrange for these prior to your appointment.

If you have any questions, please call 316-260-4028.

Thank you.

Heartland Cardiology Staff