



RFA Pre-Procedure Instructions

1. Drink plenty of water. Drink as much fluid as possible 24 hours prior to procedure. Drink 3-8 oz glasses of water or juice the morning of the procedure.
2. Please shower and wash groin and leg thoroughly. Shave groin if necessary.
3. If you were prescribed sedative medication, please take it 1 hour before your procedure.
4. If you have taken a sedative prior to your procedure make sure you have someone available to drive you to and from your appointment.
5. Bring your compression stockings with you the day of your procedure. If you do not have any, we can advise you on where to purchase.
6. Wear loose, comfortable clothing such as long pants, shorts or a skirt.
7. Take all regular medications the day of the procedure.
8. Fasting is not required; eat a light to normal breakfast or lunch