



CARDIAC PET/CT INSTRUCTIONS

Scheduling questions:
(316) 686-5300 press option 3

Nuclear Department Phone Number:
(316) 260-4028, (316) 977-8021

PET/CT Stress Test Preparation: Please keep in mind that these preparations are necessary so that we may obtain the best possible results. Not following these preparations could result in your appointment being rescheduled.

- **24 hours** before the test **STOP** all caffeine intake (coffee, chocolate, tea, soda, and **DECAF PRODUCTS!**)
- **6 hours** before the test **no** food or drink **EXCEPT WATER**. You may drink as much water prior to the test as you need. If you are **diabetic** and must eat within the 6 hours before your test, the meal must be very light.
- If you are claustrophobic and need medication to relax, please consult your primary care physician and arrange a driver. We will not provide medication. **Please take meds 30 minutes prior to your exam.**
- Bring any updated insurance information.
- **Do NOT take your diabetic medications if you do not eat in the morning.**
- **Do take all other medications.**
- Dress comfortably in loose fitting attire. **Please do not wear one-piece dresses.**
- **PLEASE ARRIVE ON TIME TO YOUR APPOINTMENT. LATE ARRIVALS ARE SUBJECT TO BEING RESCHEDULED.**
- **No family members will be allowed in the nuclear department while testing,** family members must remain in the main waiting room.
- **PET scans will take approximately 30 minutes.**
- If you take any of the following medications, please do not take them 24 hours before your scheduled test:

Generic:	Brand:
Imdur (Isosorbide Mononitrate)	Transderm
Isordil (Isosorbide Dinitrate)	Nitrong
NitroDur (Nitro Patch)	Minitran
Hydralazine	
Nitropaste	
Theophylline	
Persantine	
Aggrenox	