



Nuclear Cardiology Departments Located At:
 3535 N. Webb Road, Wichita, KS 67226
 9000 W. Central Avenue, Wichita, KS 67212
 1719 E. Cambridge, Suite 101, Derby, KS 67037

Scheduling questions:
Please dial 316-686-5300, press option 5.

Nuclear Department Phone Number:
 (316) 260-4028, (316) 260 -6714 or (316) 260-6727

A representative from our Scheduling Department **will contact you to schedule the test.** At that time, you will be informed at which location your Nuclear Stress Test will be conducted.

Nuclear Stress Test Preparation: Please keep in mind that these preparations are necessary so that we may obtain the best possible results. Not following these preparations could result in your appointment being rescheduled.

- **24 hours** before the test **STOP** all caffeine intake (coffee, chocolate, tea, soda, and **DECAF PRODUCTS!**)
- **6 hours** before the test **no** food or drink **EXCEPT WATER.** You may drink as much water prior to the test as you need. If you are diabetic and must eat within the 6 hours before your test, the meal must be very light.
- **Do NOT take your beta-blocker or nitrates for 24 hours before your test.** Bring your beta-blocker with you in case we want you to take it to control your heart rate or blood pressure. **SOTALOL is a beta-blocker and is the one form.**
We want you to continue to take as usual. Please take your SOTALOL. Only take nitro for chest pain relief if necessary.
- If you are claustrophobic and need medication to relax, please consult your primary care physician and arrange a driver. We will not provide medication.
- Bring any updated insurance information.
- **Do NOT take Theophylline, Persantine, or Aggrenox** for 24 hours before your test.
- **Do NOT take your diabetic medications if you do not eat in the morning.**
- **Do take all other medications.**
- Bring a jacket (it can get cool in the department) and dress comfortably or in loose fitting attire. **Please do not wear one-piece dresses.**
- **PLEASE ARRIVE ON TIME TO YOUR APPOINTMENT. LATE ARRIVALS ARE SUBJECT TO BEING RESCHEDULED.**
- **No family members will be allowed in the nuclear department while testing,** family members must remain in the main waiting room.
- **Nuclear Stress Tests will take approximately two and a half (2 1/2) hours.** Make sure you can stay the entire time. **PET scans will take approximately one (1) hour. If you are not sure which one you are having, please ask.**

Beta-Blockers (These are not all of them)	
Generic:	Brand:
Atenolol	Tenormin
Carvedilol	Coreg
Labetalol	
Metoprolol	Toprol or Lopressor
Propranolol	Inderal
Bisoprolol	
Bystolic	
Nitrates	
Imdur (Isosorbide Mononitrate)	Transderm
Isordil (Isosorbide dinitrate)	Nitrong
NitroDur (nitro patch)	Minitran
Hydralazine	
Nitropaste	